AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

- 1-2. (Cancelled)
- 3. (Currently Amended) A method for determining optimal harvest window selecting a maturation stage of *Echinacea* plants, wherein the method is used to prepare a standardized *Echinacea* extract, the method consisting essentially of the steps of:

harvesting at least one *Echinacea* plant at a plurality of maturation stages for the *Echinacea* plant;

producing a preparation of the *Echinacea* plant for each maturation stage; adding a <u>each</u> preparation to a monocyte cell culture;

harvesting the cell culture;

analyzing the cell culture for a level of immune-stimulatory product induced by the preparation;

observing the level of the immune-stimulatory product corresponding to each of the different maturation stages;

determining a concentration of a marker compound of each preparation at the plurality of maturation stages, wherein the marker compound is either chlorogenic acid or chicoric acid; and

selecting a maturation stage with that has both:

- (i) a standardized concentration of at least about 3.4026% to about 3.62% of chlorogenic acid or chicoric acid as measured by high performance liquid chromatography analysis; and
- (ii) the highest <u>observed</u> level of immune-stimulatory product; and preparing a standardized extract of the *Echinacea* plant at the selected maturation stage.
- 4. (Cancelled)

- 5. (Cancelled)
- 6. (Previously Presented) The method of claim 3 wherein the immunestimulatory product is selected from the group consisting of cytokine mRNA and chemokine mRNA.
- 7. (Previously Presented) The method of claim 3 wherein the immune-stimulatory product is an mRNA transcript selected from the group consisting of IL-1 alpha, IL-1 beta, IL-6, IL-8, IL-10, tumor necrosis factor alpha, interferon-gamma and macrophage inflammatory protein-1.
- 8-22. (Cancelled)
- 23. (Currently Amended) The method of claim 43, wherein the monocyte cell culture is a THP-1 cell culture.
- 24. (Currently Amended) A method for <u>selecting a maturation stage</u> determining optimal harvest window of *Echinacea* plants, wherein the method is used to prepare a standardized *Echinacea* extract, the method consisting essentially of the steps of:

harvesting at least one *Echinacea* plant at a plurality of maturation stages for the *Echinacea* plant;

producing a preparation of the *Echinacea* plant for each maturation stage; adding a <u>each</u> preparation to a monocyte or macrophage cell culture; harvesting the cell culture;

analyzing the cell culture for a level of a translation product induced from the cell culture by each preparation;

observing the level of translation product corresponding to each of the different maturation stages;

determining a concentration of a marker compound for each preparation at the plurality of maturation stages, wherein the marker compound is either chlorogenic acid er chicoric acid; and

selecting a vegetative maturation stage that has both with:

- (i) a standardized concentration of at least about 3.2640% to about 3.62% of either chlorogenic acid or chicoric acid as measured by high performance liquid chromatography analysis; and
- the highest <u>observed</u> level of translation product induced from the cell culture;

and preparing a standardized extract of the *Echinacoa* plant at the selected maturation stage.

- 25. (Previously Presented) The method of claim 24, wherein the monocyte or macrophage cell culture is a THP-1 cell culture.
- 26. (Withdrawn) A method of maximizing the immune-stimulatory potential of an *Echinacea* plant extract consisting of:

harvesting an *Echinacea* plant at a vegetative maturation stage; and preparing a standardized extract of the *Echinacea* plant at the vegetative maturation stage, wherein the standardized extract contains at least about 3.40% of either chlorogenic acid or chicoric acid as measured by high performance liquid chromatography analysis.